

PRIMAPASTA RESTAURANTE & BAR

Nr 1 em qualidade. Grande variedade de pastas, pratos vegetarianos, sobremesas caseiras. Bons preços. Prima pasta - numero uno in quality, value for money, freshness & flavour! Boasting a whole range of delicious pasta dishes from rich & creamy to hot & spicy with plenty of vegetarian options, fresh salads, roasted vegetables, sun-dried tomatoes. There's something for everyone. For the sweet tooth luscious home-made dessert! Book with the hosts, cousins, Linzi & Sarah: 289 591 295.

THE CURRY CLUB

Authentic Tandoori Indian cuisine, all your favourites: chicken tikka masala, prawn curry, baltis, lamb kormas etc. House specialities, fish, vegetable & chicken pakoras, prawn puri etc. All food made by their fabulous Indian chef. Kids' menu. Large Sunny Terrace. All Sports & soaps on Giant Screen. Open from 6pm-late. Takeaway 10% discount with FREEMAPS. Tel. 916 541 080.

THE VIEW BAR AND DINER

One of the friendliest pubs you'll visit. Full English breakfast, also healthy option. Freshly made sandwiches & cakes. Plus snacks. International food: T-bones, fillet, fish platter, daily specials & spit roast chicken etc: You pay one meal, second cheaper meal is half price. Kids' menu. Pool Table. Beautiful seaview from Terrace. Takeaway. Open 8:30 - late. Tel. 289 592 917.

PEDRAS AMARELAS BEACH RESTAURANTE

Vista espectacular. Café, bebidas e snacks todo o dia. Grande variedade de peixe sempre fresco. Mariscos. You must see this spectacular setting, overlooking coves, rocks & beach. Enjoy coffee, drinks, snacks all day or a meal, after a walk on the beach. All fish is filleted from sardines, to mackerel, fresh cod, white bait etc. Speciality of clams, mussels (excellent, with herbs, white wine & garlic) & prawns (so good you'll book to come back). The fish is absolutely never frozen. And the setting is like paradise. Open 9am-10pm Tel. 289 591 951.

ROA RESTAURANT

From noon everyday Continental Breakfast plus all day BBQ of Spareribs, chicken piri piri, fish of the day etc. Also wonderful special dishes not found elsewhere: Thai salad, Cajun spring rolls, Caribbean chicken curry, Waldorf salad, vegetable stew, Indonesian rice table: 15 dishes (with notice) etc. Children welcome. Special Party Night! Dutch hospitality from René, Gert & Yvonne makes this a great choice! Open 7 days. Speak E, D, NL, F. Takeaway. 12am to 12pm. Tel. 916 193 653.

O PIC NIC RESTAURANT & BEACH BAR

On a fabulous, hidden beach that many people don't even know exists. Park at top, take steps down to right to beach. Senhor Barbosa who's been here for 31 years & his son serve full menu including delicious Algarvian fish & seafood, meat & fish kebabs etc. Or just have coffee, drinks & snacks. Very friendly service. Open all day 10am-late. Do not miss this beach bar. Close to paradise! Tel. 289 591 844.

O FAROL The Lighthouse

Grande Variedade de gelados caseiros, crepes, baguettes with fillings, many snacks, fresh juices & delicious coffee! UPSTAIRS, the beautiful round restaurant with spectacular ocean view opens at 6pm. Serving country style lamb, tomados, sole mariner, daily fresh fish (all filleted), cataplanas of fresh fish, grilled prawns, lobsters from the tank etc. Don't rush, enjoy the romance all night! Reasonable prices. Children's portions. For a table with view book: Ricardo 289 591 290 or 919 115 512.

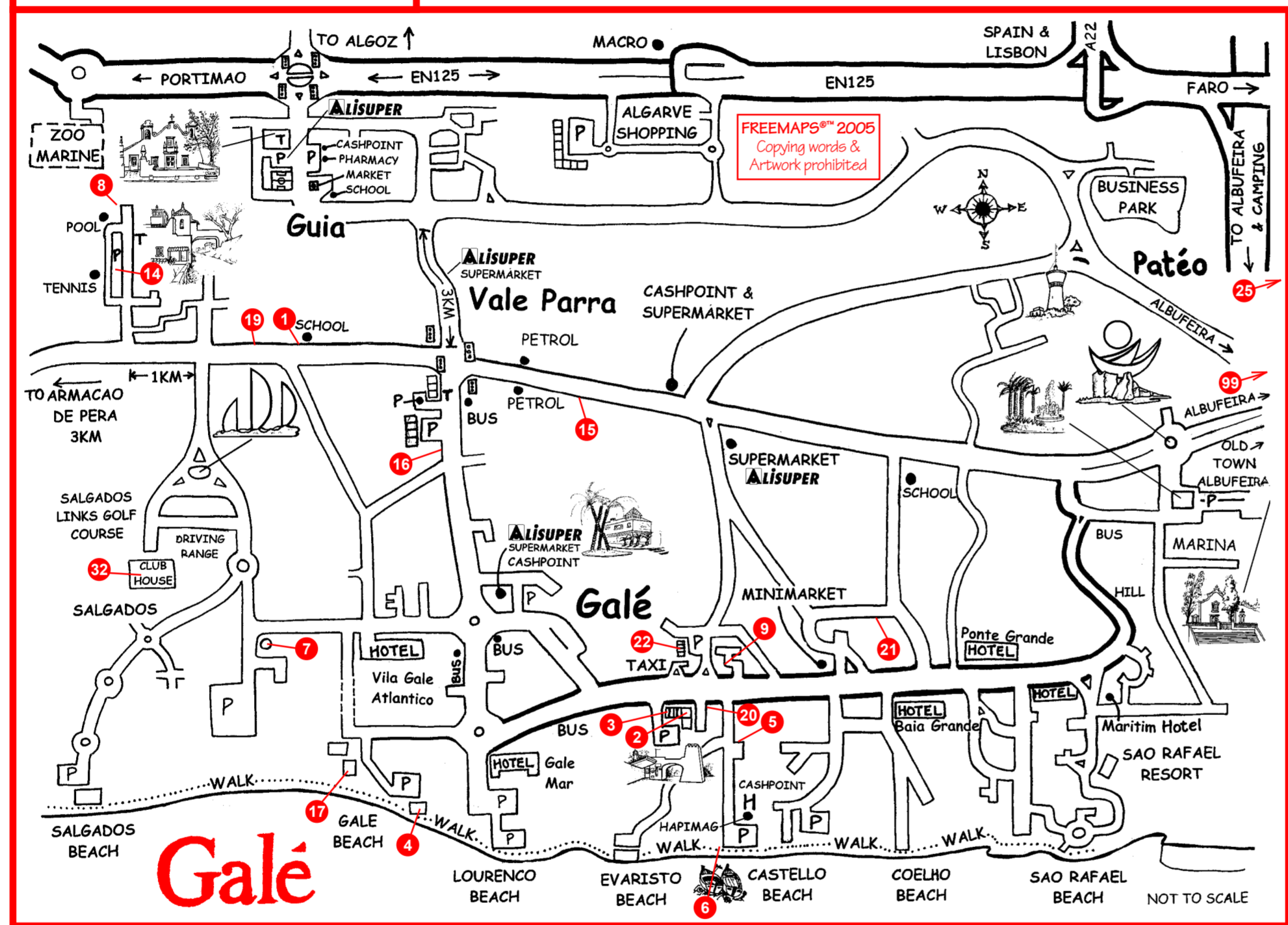
RIDING CENTRE CENTRO HIPICO

At Quinta da Saude Wonderful rides for all the family in the beautiful Algarve countryside. Beginners to experienced. Well trained horses. 1 hr & 2 hr rides at very reasonable rates. Professional lessons in the Paddock. Pony for children. This is a great holiday memory & family photo opportunity. Hats provided. Must Book. Tel. Alice 289 591 875 or see reception.

SCOOBY'S POOL BAR

Winner of BEST newcomer award. All home-made English food cooked by English people. Scooby & Becky. Proper English breakfast, proper English sausages, proper tea etc. Lunch, snacks & evening meals including burgers, chilli, steak & kidney pies, cod & chips etc., lasagna. Home-made curry to die for. Real children's menu! By the POOL. All clients can use the Algarve's deepest pool plus large playpen for the under 5's FREE. All SKY SPORTS on plasma screens inside & on terrace. Pool table, tennis courts, gardens, souvenir shop, English papers & cards. Fri. Karaoke, Wed. Quiz & Bingo! Scooby's does it all & gets better every year! Car hire, accommodation, trips to Seville. www.scoobypoolbar.co.uk HAPPY HOUR 50% off all cocktails & draft lager 7 to 8pm every night! Grande variedade de comida Inglesa caseira. Menu para crianças. Tv Plasma. Sky sports. Biliar. Ténis. Jardim, loja de lembranças. Aluguer carros, acomodação.

FREEMAP @™ Para Informações For Information Tel./Fax. 282 471 748 or 919 912 246



GALÉ to ARMAÇÃO de PÊRA

Just 25 years ago Galé consisted of only one hotel & many fabulous beaches. Now there is a complete choice of beautiful villas, hotels & apartment villages. And of course the many magnificent beaches, some of them have to be the best in Europe. Dotted along this part of the Algarve coast line you'll find plenty of great restaurants, beach bars & entertainment activities. Galé is linked all the way to Armação de Pêra by an uninterrupted stretch of beach. In the early morning, (ignore the high rise buildings in the back of Armação de Pêra), an easy 2 hour walk takes you to the fisherman's beach, a delight to see. Or a 1/2 hour walk to Salgados, through the bird sanctuary area is also fantastic (recommended by Isabel Pacheco). If you don't fancy the walk - only a 5min. drive!

QUINTA DA SAUDE RESTAURANTE

Lovely country restaurant in restored farmhouse. People always say: "We wish we found you sooner!" Keith & Louise are praised for their genuine home cooking with a variety of fish & meat dishes, full Vegetarian & children's menu. Sunday Roast. Evenings 7-10pm. Bar to lam. Closed Mon. Bookings: Louise. Tel. 289 591 761 or 966 726 704.

CASA DA CARNE STEAKHOUSE

Carlos, a butcher for 30 years, knows quality meats. Many Portuguese clients from Lisbon & regulars come here especially for Quality T-bones, filets, lamb cutlets etc! Only the best here. Very good service in the beautiful traditional dining room & separate room for groups with lovely sunset view. Excellent wines. Evenings from 6pm. Sat. & Sun. open for lunch. Closed Mon. Bookings advised: Isabel 289 591 898 or 966 784 092.

RESTAURANTE SÃO DOMINGOS

Especialidades deliciosas. Bons Vinhos. Bons Preços. A não perder. Famous locally for delicious specialities including: beef Madeira, cod a São Domingo, chateaubriand, lamb in a pot with red wine sauce, house scallops, home-made ice creams etc. Excellent wines & professional service. Dine in the beautiful converted villa or on the pool terrace. Outstanding quality at reasonable prices. Family run by father Domingos, wife São & son. Don't miss this restaurant, highly recommended. Tel. 289 592 349.

O PÔR DO SOL RESTAURANTE & BAR

Perfect for families. Choice of 2 terraces one with large pool free to use. Traditional Portuguese & English cuisine served. Specialities: stone steak, fish kebabs, rack of ribs, pepper steak, cataplanas. Extensive choice of fish. Children's menu. Separate bar with Sky Sports. Karaoke Tue. & Fri. Open 10:30am-2am. Closed Mon. Tel. 289 591 583.

BOULEVARD RESTAURANTE & BAR

Do Not Miss 'BOULEVARD'! Better than home cooking! Absolutely Excellent food! Sun. Roasts from 1pm with Yorkshire, cauliflower cheese, seasonal fresh veg. Very Popular, best to book! Friendly English couple Terry & Caroline (been here 21 yrs) have a wonderful relaxing, restaurant, separate large bar. Sky sports, pool table & terrace. Full breakfast, pub menu & extensive main menu. Many Takeaway choices. Sensibly priced. Children welcome. BBQ nights. Tel. Terry: 289 592 588.

O GALEÃO BEACH BAR & RESTAURANTE

Wonderful beach bar serving everything from English Breakfast to toasties, lunch salads & full meals. THE FRESHEST FISH! Delicious steak Portuguese style, chicken etc. Where everyone goes for a beer/coffee & 100% relaxation & Fernando's friendly service. Water Sports: their next door Beach Hut rents: pedalos, kayaks, banana boat rides, water skis, beds, umbrellas, & sunshades. Open 7 days 8am-midnight. Tel. José 919 782 788 or 289 591 918.

SALGADOS ROCK CAFÉ

Roger & Michaela welcome you. Real English Breakfast served on their sunny terrace & lunchtime panninis, wraps, stirfrys, chicken wings, blue cheese or spicy bean burgers. By night SRC pizzas are some of the Algarve's best, cooked in a wood fired pizza oven. Also great chicken & ribs, steaks & combos, pasta, satay & main course salads etc. Kids' menu. Happy Hour 6-7:30pm - 1/2 price cocktails. All Live Sports, Giant Screen. Games room. Children's play area. Live Music Wed. & Sun. Tel. 289 591 039 or 933 722 265.

SPORTS BAR ALGALÉ

TV plasma. Snacks e carnes a preços muito baratos. Terraço. Fecha quinta. Everyone makes ALGALÉ their local for different reasons. Chris is friendly & speaks perfect English. His snacks & meals (cooked by mother) are so reasonably priced, you can eat here every day. Favourites include chicken piri piri, steak Portuguese style, mixed meat kebab, swordfish, grilled sardines etc. All very good. SKY SPORTS on PLASMA TV. Large terrace. Closed Thur. Open all day. Tel. 289 592 022.

OUTDOOR TOURS

"A great day out, for all!" Walk in the beautiful Monchique mountains. Or enjoy cross country cycling through the quiet & hidden valleys, easy going! They pick you up & show the real Portuguese country side! GB/D/NL spoken. HIGHLY RECOMMENDED. Call Frank: Tel. 282 969 520 or 916 736 226.

TATTOO & PIERCING STUDIO - Albufeira

Chef de Tattoos. Dutch professional tattoo artist Gjeff takes time for perfect tattoo artwork. Yvonne makes professional total body Piercing. 100% HOSPITAL STERILE. Gallery of Tattoo Photos. www.chefdetattoo.nl 1st Floor Commercial Centre, Hotel California, Bar street Old Town Albufeira. Call for directions: 913 213 718.

FREEMAP DISCOUNT GOLF OFFERS

VALE DE MILHO GOLF - Carvoeiro
O campo que desafia todos os níveis de golfistas. Principiantes são bem-vindos. DESCONTO 15% COM ESTE MAPA Golfe limitado depois das 4:30 por €20
BEST VALUE GOLF IN THE ALGARVE
Designed by Dave Thomas to challenge all golfers
Beginners welcome - Equipment for hire. Lessons available
NO HANDICAP REQUIRED
DISCOUNT 15% (On green fees - show this map) 20% (5 rounds) & 30% (7 rounds) Discounts Available Unlimited golf for €20 After 4:30pm Tel. 282 358 502 - Fax. 282 358 497 Email: valedemilhogolf@mail.telepac.pt www.valedemilhogolf.com

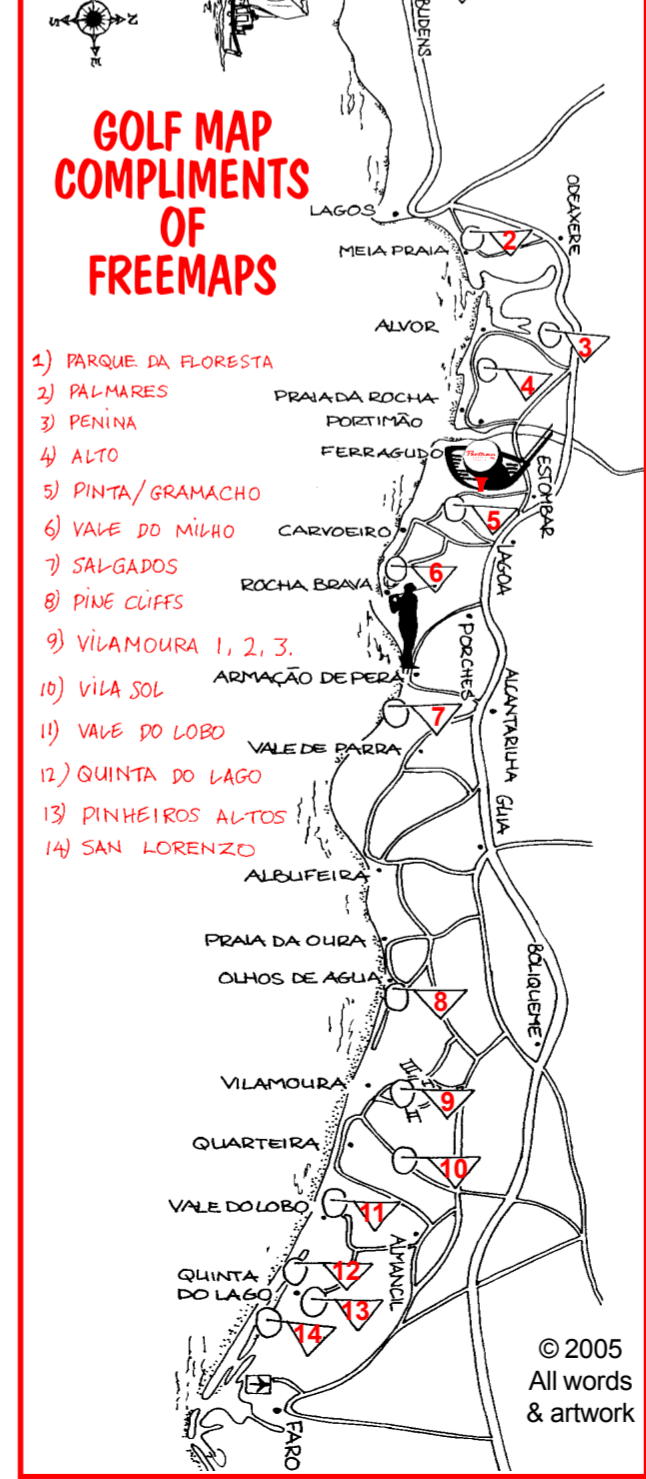
SALGADOS LINKS GOLF COURSE

Beautiful links course overlooking the ocean. 9 Holes €37.50, 18 Holes €67.50 15% Discount show FREEMAP!* * Discount valid April & May 2005. Play as much as you like! Daily Ticket €34 (June until 15-9-2005, show Freemap) Club rentals, lessons, golf shop & practice facilities. Bar/restaurant. Email: salgados.golf@telepac.pt Tel. 289 583 030 Fax. 289 591 112.

SHOE WORLD MUNDO DO SAPATO

Albufeira, Lagos, Lagoa, & Almancil ECCO & CLARKS OUTLET STORES. Ladies' & men's styles available at factory outlet prices. Up to 40% discount! Plus Ecco & Nike Golf Shoes at discounted prices. The Algarve's largest selection of quality Men's, ladies', children's, Sport & casual footwear at unbeatable prices! Everyday 10am-7pm. Tel. 282 343 065. www.shoeworldshop.com 4 locations: Albufeira (nearest store): on EN125 in Commercial Centre, Kit Market/Mestre Maco, Lagos: on EN125, just past Odiáxere (1k before Lagos), Lagoa: on EN125, 200m east of Lagoa, Mestre Maco building, Mestre Maco building, Almancil: on main Almancil high st. opp car wash. Clarks Nike Fila reebok Gabor

GOLF MAP COMPLIMENTS OF FREEMAPS



FREEMAP

www.freemaps.net
Tel. 282 471 748 or 919 912 246 Email: info@freemaps.net

THE BEST OF GALE & ARMAÇÃO DE PÊRA

FREEMAP represents & recommends QUALITY. All places have been checked by the Editor.

Pestana
GOLF RESORT
CARVOEIRO
Twilight Hour
Play as much golf as you can after 4:30PM: Gramacho €25, Pinta €30
Present map for a 15% reduction on Pinta & Gramacho (rack rate)
Summer Special
2 Players + Buggy €90 June 1st - August 31st 2005

"Nick Price Recommends"
LEADBETTER GOLF ACADEMY
Vale da Pinta
GRAMACHO
PESTANA GOLF RESORT

Spezial Angebot
Spielen Sie soviele Löcher wie möglich nach 16:30: Gramacho €25, Pinta €30
Bitte zeigen Sie diese Anzeige an der Rezeption und genießen eine Reduktion von 15% auf (rack rate)
Tel. 282 340 900 Fax. 282 340 901
Mention FREEMAP when booking
info@pestanagolf.com www.pestanagolf.com

